



POLE CHAMPIONSHIP NETWORK

RULES & REGULATIONS – POLE THEATRE EXPERIENCE 2026 CATEGORIES ART & EXOTIC

1. POLE THEATRE EXPERIENCE categories

These categories are for those who want to make experimental art with the Pole. In the POLE THEATER EXPERIENCE category all styles of pole & dance are allowed as long as the main resources used are to create a unique theatrical and artistic proposal

- POLE THEATER EXPERIENCE ART Amateur (Mixed): Over 14 years old.
- POLE THEATER EXPERIENCE ART Professional (Mixed): Over 14 years old
- POLE THEATER EXPERIENCE ART Elite (Mixed): Over 14 years old
- POLE THEATER EXPERIENCE EXOTIC Amateur (Mixed): Over 18 years old. **-NEWS**
- POLE THEATER EXPERIENCE EXOTIC Professional (Mixed): Over 18 years old **-NEWS**
- POLE THEATER EXPERIENCE EXOTIC Elite (Mixed): Over 18 years old **-NEWS**

Maximum 8 people on stage, whether they are competitors and/or artistic companions (partenaires).

Competitors can choose the category in which they want to participate, among those detailed above, according to their technical level and chosen style. The categories can have a maximum of 8 competitors in the same performance (each or them must pay for the corresponding registration payment as an athlete/artist), considering that each of them has the same technical level according to the application category. If the level of the group is not homogeneous, the leveling will be assigned according to the competitor with the highest technical level.

Resources expected to be used:

1. Argument / Stories to tell / characters / characterizations / emotions / conflicts /
2. Wardrobe / Makeup according to the chosen theme
3. Artistic and Technical Companions / Scenography – Only with the approval of the organizer
4. Audiovisual resources / Theatrical / Varied dances / Live music

PREPARATION OF THE PROPOSAL & VIDEO OF APPLICATION

Competitors must define three concepts in the application form:

- A) Chosen category: ART or Exotic (if Exotic is chosen, the use of shoes in the application video is mandatory)
- B) Theme: Detailed theatrical proposal of the presentation that they will carry out if selected.
(Plot / Stories to tell / characters / characterizations / emotions / conflicts).
- C) Style: Dance, Theatre, Musical, Impersonation, etc.

The application video must be according to the selected Style and not the Theme chosen for the presentation.

For example, if the style to be used in the show is Musical Comedy, this same style must be used for the application video, but it will not be necessary to include the theme to be used on the day of the event.

Example: Movie or series theme / Style: Musical comedy

The application video may have another theme that includes musical comedy resources

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All the artists that will compete must be present in the application video. This is not necessary for the companions (partenaires).

IMPORTANT

- Change of category: The organization reserves the right to change the athlete's category once the application videos have been evaluated.
- Once the finalists have been announced, the companions (partenaires) can be registered.

2. Music / Video Selection

- ARTISTS are allowed a personal choice of accompaniment which can have a mix of musicians and artists.
- Maximum Duration:
 - POLE THEATER EXPERIENCE ART & EXOTIC Amateur (Mixed): 3 minutes
 - POLE THEATER EXPERIENCE ART & EXOTIC Pro Professional (Mixed): 3:30 minutes
 - POLE THEATER EXPERIENCE ART & EXOTIC Elite (Mixed): 4:30 minutes
- Music / videos that exceed the minutes defined in each category will not be allowed. NO SECONDS IN EXCESS ALLOWED.
- In the case of using a video, the sound must be incorporated. Separate videos/images and audios will not be accepted. If a still image is used, the audio must be included in it, transforming it into video with a static image.
- File formats: MP3 for music / MP4 or WMV, HD 720p (1280 x 720) for video - consult for other formats

IMPORTANT

- The musical theme and/or Video must be sent by e-mail to the organizer up to 20 days before the competition in an MP3 file (in the case of sound only) or MP4/WMV in the case of video (embedded audio), clarifying in the name of the file: Competition, Category, Surname and Name in that order (eg: **Argentina Pole Theatre Experience Amateur Méndez Rosario**) and in the e-mail body: Name and Surname of the athlete, Song Title, Interpreter and Duration. IN THE CASE THAT THE FORMATS ARE NOT ACCOMPLISHED, IT WILL BE REJECTED.
- If the song/video is 100% identical to the one of another contestant, the organizer can ask the last contestant to replace it and re-send the email with a new theme.
- If the organization does not receive the song/video before the due date, the competitor will be immediately disqualified.
- The change of the music/video versions is NOT allowed once the organizer confirms the reception and acceptance.
- The organizer can request the change of version if the sound quality or video resolution is not accurate

Recommendations:

- The copyright of the selected music may not allow the subsequent publication of the videos, so we recommend taking this into consideration at the time of selection.
- The choice and edition of music is part of the artistic evolution of the performance in competition. Please do it carefully



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3. Costume, Spaces & Other

NOT ALLOWED

- No type of nudity is permitted, and clothing must cover the chest for female athletes, bottom and groin for all at all times during competition.
- The use of resins is prohibited.

Any breach of the aforementioned will cause the automatic disqualification of the athlete.

If you have any questions, consult by sending a photo or video to info@polechampionship.net

SPACES

The Participants can use both the stage and the seating area or stairs of the theater for their presentations.

EXOTIC CATEGORY

The use of exotic pole shoes is mandatory

SCENOGRAPHIC AND TECHNICAL RESOURCES

The use of Paint, Fire, Water, or any other element that harms the conditions of the stage is not allowed.

It is not allowed to hang any acrobatic element (hoop, cloth, trapeze, cube, etc.)

Any element that can enter and leave the stage in a maximum of 1 minute may be used with prior approval from the organization.

Extra Technical Resources: Microphones, returns and others must be requested in advance and obtain the authorization from the organization.

Will also count with use of a screen where an image or video will be projected/transmitted at the choice of the competitor.

Any relevant change with to what is indicated in the registration form will not be allowed unless expressly authorized by the organizer. Competitors must indicate if cleaning is needed after their performance.

ARTISTIC AND TECHNICAL COMPANIONS

- In all cases, the use of other participants on stage (maximum 8 people on stage) is allowed to perform the story to be interpreted (actors and/or dancers). You must pay a fee, for each artistic companion on stage, to access dressing rooms and theater (these values will be defined by the local organizer).
- Competitors will have an assistant provided by the organization for the assembly of the scenery to whom the requirements must be indicated before the performance start. In the case of needing more than one assistant for the assembly of the scenery or specific technical personnel, the competitors must provide it. You must pay the value of 1 ticket for each technical companion on stage for access to dressing rooms and theater (these values will be defined by the local organizer).
- The registrations/access payments of artistic & technical companions will be made once the finalists have been announced and up to 20 days before the event takes place. After that date, new registrations and payments will not be allowed.

4. Subject Presentation, Style & Technique

During the performance three concepts will be evaluated and scored: Theatrical presentation 150 points, Chosen Style 50 points, Pole Technique 100 points.



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4.1 Theatrical presentation 150 points

X Factor (40): The transmitted appearance and image must capture the attention of the judges for the entire duration of the performance using show resources. Contact and facial expression, stage presence and capturing the attention of the audience. The ability to entertain and capture the audience will be judged. There must be agreement between the music, costumes, makeup, choreography and chosen theme. The artist must convey a story, an emotion, characterization, or character during the performance, containing introduction, middle and end.

Use of show resources (30): The artistic and show resources used to capture the attention of the judges & the audience throughout the performance will be evaluated. The correct use of the chosen resources will also be evaluated. It is understood that scenery is different from stage resources. Scenery is a decorative element and Scenic Resource is an element to interact with during the performance.

"Resources are the elements that are used to act on the stage and that help build a staging, that is, a system that makes sense and gives context to the presentation.

The correct use of the chosen resources will be evaluated in order to create an effective performance that captures the attention of judges and spectators."

Introduction, middle and end (30): The creation of a story that is structured with a clear introduction, middle and end will be evaluated. "The jury will assess the impact generated by the beginning, development and closing of the presentation."

Wardrobe & makeup (25): Makeup must be for stage, theater or related to the chosen theme. The consistency of the chosen costume with the artistic proposal, and its production, will be evaluated.

Originality & Development of the proposal (25) The creativity of the proposal and the way in which the chosen theme is addressed will be evaluated. The unconventional resources used in the pole dance performance will be evaluated. The use of fire / pyrotechnics / water / paint are not allowed.

4.2 Style 50 points

Execution of the chosen style (30): The technical capabilities of the chosen style to address the theme will be evaluated. Technical skills, precision, cleanliness, control, safety.

Stage management (20): The use of the total stage space and its elements will be evaluated. Interaction with elements external to the performances (eg, public, screen, etc.) will be allowed.

4.3 Pole Technique 100 points (ONLY ART CATEGORY)

Strength Tricks on the bar (40): Tricks that involve strength and great load of force (isometric, concentric or eccentric) with two or more points of contact with the bar. The greater the number of tricks, the greater the use of muscle groups and the greater the difficulty in the chosen tricks, the higher the score obtained.



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Flexibility and Contortion Tricks on the Pole (40): Tricks that involve flexibility and/or contortion in one or more muscle groups. The greater the number of tricks, the greater the use of the different muscle groups and the greater the difficulty in the chosen tricks, the higher the score obtained.

Links and Transitions (20): The fluidity, simplicity, quality, neatness, and originality with which the athlete transitions from one trick to another will be evaluated.

4.4 Pole Technique 100 points (ONLY EXOTIC CATEGORY)

Floor Work (40): Floor work will be evaluated based on fluidity, technique, acrobatics, and originality.

Strength and Flexibility Tricks (40): Tricks that involve strength and flexibility with one or more muscle groups; the greater the difficulty of the chosen tricks, the higher the score.

Links and Transitions (20): The fluidity, simplicity, quality, neatness, and originality with which the athlete transitions from one trick to another will be evaluated.

IMPORTANT ALL CATEGORIES

An athlete can perform the performance again only in the following situations:

- Due to a technical failure with the music, the floor, or the bars.
- Due to a health problem after the corresponding medical intervention and with the authorization of the intervening doctor, provided that the latter occurs during the period in which the competition is taking place and there were no changes in the jury.

All types of discrimination, whether gender, racial, social or religious, as well as cultural appropriation of any kind, are totally PROHIBITED and will cause the automatic disqualification.

5. Scoring System

5.1. Theatrical presentation 150

- X Factor: 1 to 40 points.
- Use of show resources: 1 to 30 points.
- Introduction, middle and end (30): 1 to 25 points.
- Costume & Makeup: 1 to 25 points.
- Originality & Development of the proposal: 1 to 25 points.

5.2. Style 50

- Execution of the chosen style: 1 to 30 points
- Stage Management: 1 to 20 points

5.3. Pole Technique 100 (ONLY ART CATEGORY)

- Strength Tricks on the bar: 1 to 40 puntos
- Flexibility and Contortion Tricks on the Pole: 1 to 40 points
- Links and Transitions: 1 to 20 points



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5.4 Pole Technique 100 (ONLY EXOTIC CATEGORY)

- • Floor work: from 1 to 40 points
- • Strength & Flexibility: from 1 to 40 points
- • Links and Transitions: from 1 to 20 points

6. Disqualifications

The organization can disqualify or penalize a competitor, before, during and after the competition, if they don't comply with the rules and regulations.

Immediate disqualification will occur for the following reasons:

- Not being present at the requested time, at the performing time for their category, and at the time of awarding.
- Inappropriate Use of Clothing: No type of nudity is allowed, and clothing must cover the chest, lower part and groin at all times during the competition.
- Not finishing the performance:
 - without technical reasons (bars, music, stage).
 - without medical reasons (injuries).
- Any unsportsmanlike conduct at the sole discretion of the organizer and the jury.

7. Results

The general winner will be the one who obtains the highest accumulated score: THEATRICAL PRESENTATION + STYLE + TECHNIQUE – PENALTIES

Resolution of ties:

1. In the case of a tie, the candidate with the highest number of points accredited in the THEMATIC section will be the winner.
2. If the number of points in THEATRICAL PRESENTATION is also tied, the candidate with the highest number of points obtained in the STYLE section will be the winner.
3. In the event of a tie, the candidate with the highest number of points obtained in the X FACTOR will be the winner.

The total results will be published after the awards within a period not exceeding 15 days after the event.

8. Competence Jury

The evaluations of the Jury will be recorded in electronic spreadsheets, online, using the POLE CHAMPIONSHIP NETWORK electronic judging system. The individual scores of each Judge will be kept private. The competitor will receive the overall scores.

The judges are selected and assigned by the POLE CHAMPIONSHIP NETWORK.

9. Poles specifications for competences

Professional Bars will be used, surely tied at both ends. A security review will be completed prior to each competition by



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the Controller Judge, and the Poles must not be left unattended once completed and must be checked again before a new competition. The health and safety of competitors is a priority.

9.1 Technical specifications:

- Material: stainless steel, mirror finish
- Diameter: 45 mm = 1 3/4 inches
- Minimum thickness: 3 mm
- Long (4 meters = 13.12 feet minimum / 5 meters = 16.40 feet maximum)
- Distance between poles: 4 meters = 13.12 feet
- The Spinning pole is the one at the right side of the stage looking from the theater hall into the stage
- Distance from the bars to the end of the stage and to the mouth of the stage: minimum 2 meters = 6.56 feet each.

9.2 Types of poles

- Static Pole, one fixed pole which can't rotate. Placed at the left side of the stage looking from the theater hall into the stage
- Spinning Pole, one pole which can rotate in both senses. Placed at the right side of the stage looking from the theater hall into the stage

Any change in what is established above, due to technical issues, will be informed to the athlete in advance

10. First Aid / Medical Care

The organization provides a physiotherapist and / or a doctor at the event for the case of injury.

In the case of injury, the first aid representative has the final decision regarding the continuity of the athlete in the competition.

11. Inquiries to Regulations

All technical inquiries to the regulation will be answered only if they are asked to the following e-mail address:
info@polechampionship.net

The answers provided by juries and/or organizers will not be considered an OFFICIAL answer of Pole Championship Network.